Ha Nguyen
PMHNP

About Ha Nguyen.

Ha Nguyen is a dual-certified Family Nurse Practitioner (FNP) and Psychiatric Mental Health Nurse Practitioner (PMHNP) licensed in the state of North Carolina. She completed her psychiatric studies at the University of Texas at Rio Grande. Ha has worked in a variety of settings, including nursing homes, rehabilitation centers, hospitals, and home health, serving both rural and metropolitan areas. Her specialty is family psychiatry, providing care across all ages.

Before earning her PMHNP certification, Ha obtained her FNP license from the University of North Carolina at Charlotte. She is deeply aware of the challenges posed by inadequate mental health care and the growing demand for psychiatric providers. She emphasizes a patient-centered approach and values the importance of therapeutic relationships.

Ha embraces and celebrates her experiences of living in diverse cultures and being bilingual. In her free time, she enjoys spending time with her family and friends, participating in outdoor activities, playing sports, exploring food, and traveling.