

About Valerie Jones.

Valerie Jones is a Nationally Certified Counselor (NCC), licensed through the National Board for Certified Counselors. She is also a certified SYMBIS Assessment Facilitator. To further her credentials, she is currently working on obtaining certifications in Cognitive Behavioral Therapy-Trauma Focused and as an Amen Clinics Brain Health Professional.

Valerie graduated from Liberty University with a Master of Arts in Mental Health Counseling. She also holds a Bachelor of Business degree from the University of Phoenix and a Bachelor of Arts in General Studies from Indiana University.

Valerie enjoys traveling, learning about new cultures, music, and helping others. She once spent five years traveling overseas, visiting various countries, where she taught English as a second language. Valerie says she enjoys learning about new people, cultures, and places.

Valerie is passionate about the positive impact her work has on others. As she puts it, "I believe that counseling is a therapeutic process in which the counselor and client have a safe space to work together to achieve goals and help the client become the best version of themselves."