

Stephen Cline LCSWA, CCTP

About Stephen Cline.

Stephen Cline is a Licensed Clinical Social Worker Associate and Certified Clinical Trauma Professional who joined the Sandhills Best Care team in 2024. Originally from Chambersburg, PA, Stephen spent much of his life in Fayetteville, NC. His exposure to new places and cultures came from his father's service in the U.S. Army and his own service in the U.S. Army. He attended Methodist University, earning his bachelor's degree in Social Work with a minor in Mass Communications. He then went on to earn his master's degree in Social Work from the University of North Carolina at Pembroke.

Stephen offers a wide range of therapy services to individuals and couples, assisting with various disorders, including ADHD, anxiety, depression, communication issues, OCD, panic disorders, PTSD, workplace issues, grief, and coping with life changes. Stephen has pursued additional training in trauma, driven by his passion for helping others understand and heal from past events, so they no longer harm their present and future. He offers both remote and in-person services in a clinical setting.

With several years of experience as a social worker in various environments, Stephen has worked as a high school social worker and an investigative social worker, helping families and children in abusive and neglectful situations. Prior to his career in social work, Stephen served in the U.S. Army for 8 years as a combat documentation production specialist in support of USASOC and JSOC. During his service, he completed two combat tours in Afghanistan and participated in an international exercise (FLINTLOCK) in Senegal, Africa.

Stephen is married with one child and enjoys spending time with his family, rock climbing, photography, and socializing with friends. He also enjoys friendly competition through video games, mini-golf, and puzzle games.